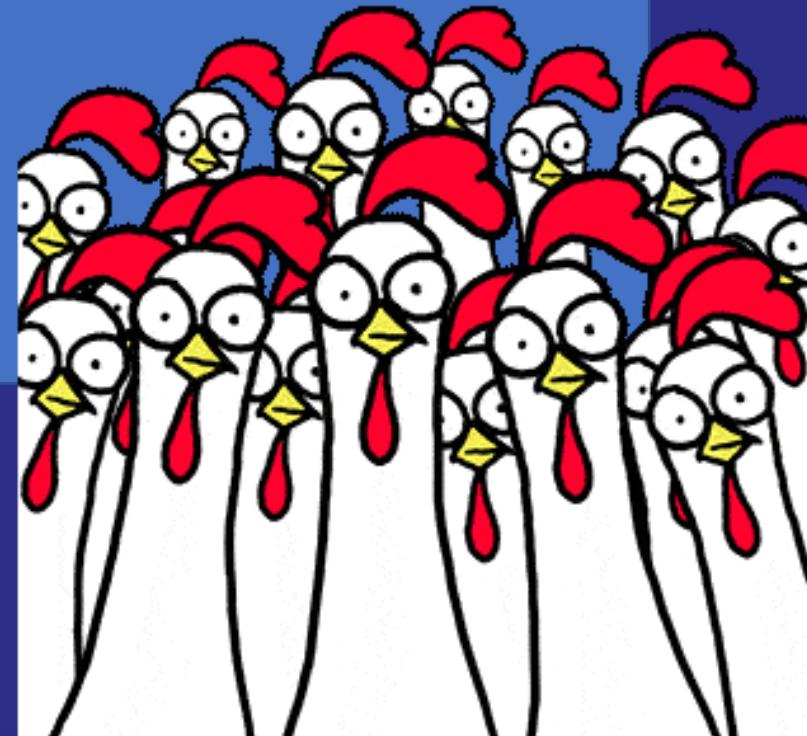




WELCOME TO OUR 2022 ONLINE VIDEO SEMINAR FOR COACHES & TEAM LEADERS





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SHORT TRACK TECHNICAL COMMITTEE MEMBERS:

KIM SO HEE

WIM DE DEYNE

CHRISTOPH MILZ




REINIER OOSTHEIM

NATHALIE LAMBERT

AND

Hugo Herrnhof
Sports Technical Director Speed Skating
ISU Event Director Short Track Speed Skating

HOUSE KEEPING INFORMATION

- ❖ MIC OFF AT ALL TIME
- ❖ USE  TO ASK QUESTIONS
- ❖ USE CHAT ROOM TO ASK QUESTIONS TO HOST
- ❖ COFFEE/BATHROOM BREAK AFTER 75 MIN
- ❖ KEEP CAMERA ON SO WE CAN SEE YOU
- ❖ WE WILL USE  TO AGREE OR SIGNAL WE UNDERSTAND
- ❖ WE WILL USE  TO CHEER PEOPLE AND THANK PRESENTERS





AGENDA FOR DAY 1

- Program for Saturday:
- - Update on preparation of ISU season 2022/23 and Covid-19 situation
- - New Safety Communication in effect as of July 1st
- - Changes to the Special Regulations and Technical Rules
- - Zero False Start Testing & Evaluation
- - New World Cup Point System & Overall Season's Champion
- - Q & A



AGENDA FOR DAY 2

Program for Sunday:

- - New Revised Guidelines on Racing Rules for 2022/23
- - Format for World Cup 2023/24



COMMUNICATIONS ALREADY RELEASED

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- **Short Track Regulations & Technical Rules 2022**
- **ISU Constitution & General Regulations 2022**
- **Code of Ethics 2022**
- **World Cup Communication**
- **Qualification Tables 2022-2023**
- **0 False Start Testing**
- **Championships Quotas Communication**
- **Season's Champion Special Communication**



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New updated Covid Guidelines for Season 2022-2023

- There will still be some guidelines and measures in place
- Most things will be recommended instead of mandatory
- Mask, distancing, limited number of people in rooms, etc; for example will be recommended.
- There is still the possibility of sticker measures based on local authorities,
- Being careful will still be important as with a positive test people will be excluded from participation.
- Guidelines should be published shortly



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Racing Suit Requirements:

2.1. Racing suit requirements for different levels of Skaters.

Based on the above, the ISU defines 4 levels of Skaters, with reference to existing events and competition circuits. The safety requirements for the different levels of Skaters apply to racing both during training and at competitions.

Level of Skaters*	Type of Competitions*	Racing suits minimum requirements or recommendations as of July 1st, 2022 (from season 2022/23)
(i) ISU Level	<ul style="list-style-type: none"> • Olympic Games • All ISU Events • Other competitions at equivalent competitive level as ISU Events 	Mandatory required minimum: <ul style="list-style-type: none"> • Full-body racing/ underwear suit, Cut resistant level 3
(ii) International Level & National Elite Level for Junior A-B and Seniors:	<ul style="list-style-type: none"> • ISU recognized Junior competitions (Challenger series, Star Class, Danubia), • Other competitions (national and international) at equivalent competitive level (Juniors and Seniors, below ISU Level) 	Mandatory required minimum: <ul style="list-style-type: none"> • Full-body racing/underwear suit, Cut resistant level 2 Highly Recommended: <ul style="list-style-type: none"> • Full-body racing/underwear suit, Cut resistant level 3

Racing Suit Requirements:

<p>(iii)</p> <p>International Level & National Elite Level for Juniors C-D & Masters; Lower levels than (ii) for Juniors A-B & Seniors</p>	<ul style="list-style-type: none"> • International competitions • National competitions at equivalent competitive level 	<p>Highly Recommended minimum:</p> <ul style="list-style-type: none"> • Full-body racing/underwear suit, Cut resistant level 2
<p>(iv)</p> <p>Development Levels</p>	<ul style="list-style-type: none"> • National, regional & local development circuits over the age of 10 	<p>Recommended minimum:</p> <ul style="list-style-type: none"> • For high-risk areas of uniform/underwear suit, Cut resistant level 2

For the season 2021/22 see Annex A, part I, for mandatory requirements and recommendations.

Further Requirements & Recommendations:

- Cut resistant protection may be either integrated in the actual competition uniform or be worn as special underwear. Recent research tend to show that an extra layer (when using an underwear combination) actually provides better protection than the integration of cut resistant protection directly in the racing suit.
- The racing suit must always cover entirely the neck regardless of the Skater's position. It is the Skater's responsibility to make sure the suit is zipped completely.
- If a neck guard is used, it must be placed under the suit in such a way that a blade cannot slide under the guard.
- No part of the body, except for the face, should be uncovered.
- Cut resistant ankle socks can also be used.

Helmets:

Helmets

Skaters of all levels must wear helmets that are in compliance with the current ASTM standard (American Society for Testing and Materials) or other standard that would be approved by the ISU. The helmets must have a regular shape (round or oval) and may not have protrusions unless these are small and completely integrated in the overall shape of the helmet.

Skaters must make sure the helmet strap is tied properly so that the helmet stays in a firm and correct position during the entire race.

Large aeration holes and openings, through which a skate blade would fit, are forbidden. To that effect, the ISU strongly recommends that for new purchases ISU Members/Skaters buy helmets that do not have slits or holes that are longer or larger than the thickness of the helmet.

Gloves & Eyewear Protection:

Gloves

Cut resistant gloves or mitts must be used. The material must be at least of Cut resistant Level 3. For ISU Events, Olympic Winter Games and Winter Youth Olympic Games, the gloves or mitts used for Short Track must be predominantly white. Gloves of Cut resistant level 4 and 5 are easy to find already and are recommended.

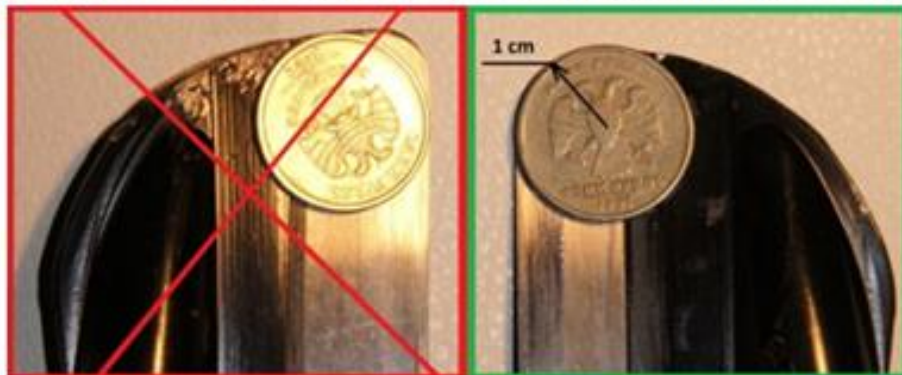
Eyewear Protection

ISU highly recommends eye wear protection meeting ANSI Z87.1 Standard or ASTM F803 made with polycarbonate lenses designed to withstand impact for all Skaters above development level.

Blades:

Blades

As per Rule 291, paragraph 1 f), the blades of all Skaters must have the tubes closed and the blade ends must be rounded off with a minimum radius of 10 mm.



Sanctions for Non-Compliance:

Non-compliance with the requirements listed in this ISU Communication will result in an immediate exclusion of the Skater(s) concerned from the respective ISU Event, Olympic Winter Games or Winter Youth Olympic Games.

Skaters not wearing their equipment properly will get a Penalty for breach of Equipment Rules. Skaters going into the starting lane without the proper equipment or with the equipment worn improperly will be excluded from the race.



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Constitution & General Regulations 2022

Rule 102, para 6

Markings on helmets will be allowed at ISU Events
Final draft with maximum size, number of spots
and locations of them will be published in the final
book.

For Short Track the 2 sides spots for numbers
remain the same.



Constitution & General Regulations 2022

Age Limits for Speed Skating and Short Track Speed Skating

a) i) For the Season 2022/23, in International Senior Competitions, ISU Senior Championships and the Olympic Winter Games, only Skaters may compete who have reached at least the age of **fifteen** before July 1 preceding the Events.

ii) For the Season 2023/24, in International Senior Competitions, ISU Senior Championships and the Olympic Winter Games, only Skaters may compete who have reached at least the age of **sixteen** before July 1 preceding the Events.

iii) From the Season 2024/25 onwards, in International Senior Competitions, ISU Senior Championships and the Olympic Winter Games, only Skaters may compete who have reached at least the age of **seventeen** before July 1 preceding the Events.

Constitution & General Regulations 2022

Age Limits for Speed Skating and Short Track Speed Skating

b) A Junior is a Skater who has not reached the age of nineteen before July 1 preceding the competition.

c) In International Competitions the following age classifications shall apply for the Junior age category:

Classification Age before July 1 preceding the Competition:

- | | |
|---|---------------|
| A | 17 and 18 |
| B | 15 and 16 |
| C | 13 and 14 |
| D | 12 and under. |

d) For World Junior Championships, only Junior Skaters may compete who have reached the age of fifteen before July 1 preceding the Championships.

Short Track Special Regulations 2022

280 para 1 g)

For ISU Events, the Olympic Winter Games and Winter Youth Olympic Games: in the straight, a line will be drawn between the last block of the curve and the first block of the next curve.

This line is ONLY used as a reference point for the Referees. Skaters can go inside that line at any time



Short Track Special Regulations 2022

281 para 1 a) & also 283 (2024) & 285

The distances will be: 500, 1000 and 1500 m individual, 3000 m Relay for Women, 5000 m Relay for Men and 2000 m Relay for Mixed Relay Teams.

This means that we will now have the 2000m mixed team relay in all ISU Events. Note that for the Junior World Championships it will only start in 2024.



Short Track Special Regulations 2022

281 para 1 f) & also 283 & 285

The A-Finals of the Relays will be held after the conclusion of the individual races of the day. Qualifying rounds of the Relays may be held on each day of the Championships.

This means that we can remove B finals of the Relay from the main block which we already do on the Sunday. This can also apply to the Mixed Team Relay

Short Track Special Regulations 2022

281 para 1 g) & also 283 & 285

Skaters not having qualified for the Main Program on the respective distance qualify for participation in Repechage Races based on their results. The number of Skaters in the Repechage Races may be limited in accordance with the respective ISU Communication.

This means that we will no longer have Ranking Finals and that all ISU Events will be very similar in format.



Short Track Special Regulations 2022

281 para 1 h) & 285

First day

Quarter-Finals	1500 m Women/Men
Preliminaries	500 m Women/Men
Heats	500 m Women/Men
Preliminaries	1000 m Women/Men
Heats	1000 m Women/Men
<u>Quarter-Finals</u>	<u>Mixed Team Relay</u>
<u>Quarter-Finals</u>	<u>Relay Women/Men</u>

As you can see there will be ¼ finals for Relay at the World Championships. This program is not the same for the Junior World

Short Track Special Regulations 2022

281 para 1 h) & 285

Second day

Repechage 1500 m Women/Men

Repechage 500 m Women/Men

Second day Main Program

Semi-Finals 1500 m Women/Men

Finals B, A 1500 m Women/Men

Quarter-Finals 500 m Women/Men

Semi-Finals 500 m Women/Men

Finals B, A 500 m Women/Men

Semi-Finals Relay Women/Men

Short Track Special Regulations 2022 281 para 1 h) & 285

Third day

Repechage 1000 m Women/Men

Final B Relay Women/Men

Third day Main Program

Quarter-Finals 1000 m Women/Men

Semi-Finals 1000 m Women/Men

Finals B, A 1000 m Women/Men

Semi-Finals Mixed Team Relay

Finals B, A Mixed Team Relay

Final A Relay Women/Men

What is not there ???



ALL ISU CHAMPIONSHIPS:



- **Single Distance**
- **Mixed Relay**
- **Repechage**

ISU Championships : Distances

WC	WJC	EC	4C
500	500	500	500
1000	1000	1000	1000
1500	1500	1500	1500
2000 Relay Mixed	[2000 Relay Mixed *)]	2000 Relay Mixed	2000 Relay Mixed
3000 Relay Women	3000 Relay Women	3000 Relay Women	3000 Relay Women
5000 Relay Men	3000 Relay Men	5000 Relay Men	5000 Relay Men

*) Starting 2023/2024

ISU Championships : Duration

WC	WJC	EC	4C
3 days	3 days	3 days	3 days

Starting 2023/2024

WC	WJC	EC	4C
3 days	4 days	3 days	3 days

ISU Championships : Participation

- Per Individual Distance

WC	WJC	EC	4C
1			
2 1+ top 32	2	2	2
3 2+ top 16	3 2+ top32	3 2+ top16	3 2+ top16

ISU Championships : Participation

- Total Skaters ISU Members can bring
- For 2022-2023 based on overall, for 2023-2024 based on the distance

WC		WJC		EC		4C	
1							
2	2 on 1 distance						
3	2 on 2+ distance	3		3		3	
4	3 on 1 distance			4	3 on 1 distance	4	3 on 1 distance
3+3	Mixed Relay			3+3	Mixed Relay	3+3	Mixed Relay
5	Relay	4	Relay	5	Relay	5	Relay

- Note that all Skaters on site can be used,

Short Track Special Regulations 2022

281 para 5 a) & 283, 284, 285, 286

The winner of the World Short Track Speed Skating Championships 500/1000/1500 m is the Skater being declared winner of the Final A of the distance concerned. The second and third placed Skaters of the Championships are the Skaters ranked accordingly in the Final A. Medals will be awarded to these Skaters in accordance with Rule 134, paragraph 3.

The TC has put a lot of effort to standardize all ISU Events as much as possible in all ways possible. This is one of the ways.

Short Track Special Regulations 2022

283 para 1 a)

As of the season 2023/24 : Mixed Team Relay races will go over 2000 m. Each Mixed Relay Team shall consist of minimum 2 Women and 2 Men. If an ISU Member participates with more Skaters in the Championships, a Mixed Relay Team can consist of maximum 3 Women and 3 Men.

For the Junior World Championships, we need 4 days in order to fit in this new event. 4 days will start in season 23-24 only. So this year's championships 23 will NOT have the mixed relay

Short Track Special Regulations 2022

283 para 1 h)

First day

<u>Heats</u>	<u>1500 m Women/Men</u>
<u>Quarter-Finals</u>	<u>1500 m Women/Men</u>
<u>Preliminaries</u>	<u>500 m Women/Men</u>
<u>Heats</u>	<u>500 m Women/Men</u>
<u>Heats</u>	<u>Relay Women/Men</u>

Second day

<u>Preliminaries</u>	<u>1000 m Women/Men</u>
<u>Heats</u>	<u>1000 m Women/Men</u>
<u>Quarter-Finals</u>	<u>Mixed Team Relay</u>
<u>Semi-Finals</u>	<u>Mixed Team Relay</u>
<u>Quarter-Finals</u>	<u>Relay Women/Men</u>

This is what Day 1-2 will look like.

284 para 8 d) Medal assignments at Olympic Winter Games

The IOC Awards will be distributed to the top eight Skaters and Relay Teams based on the Distance Classification as per rule Rule 295, paragraphs 5 and 7.

This is a major change. It allows DNF, PEN & DNS in Final A to get a ranking within the Final A which means a certificate and even potentially a medal.

Short Track Special Regulations 2022

286 para 10 b) World Ranking Lists

For the first World Cup of a season the World Ranking List of the preceding World Cup season is used for the seeding. If a season, or part of a season, has been cancelled, the next preceding season or a part of it might be considered.

As the season progresses, the results of competitions over a distance at the World Cup Competitions replace one by one the results at World Cup Competitions of the preceding season for the calculation of the World Ranking. The number of competitions that will be taken into account, all related details (classifications, ranking point system, tie breaking rules, etc) for this calculation and the number of poorest results that will be excluded from the addition will be announced in the World Cup Communication before the start of the season

Short Track Special Regulations 2022

During this season it will look like this for 500m:

21/22	22/23								500 meter
1 2 3 4	1	2	2	3	4	4	5	6	Points for World Ranking
X X X X									sum of best 3 from 4 results
X X X X	X								sum of best 4 from 5 results
X X X X	X								sum of best 4 from 5 results
X X X X	X	X	X						sum of best 6 from 7 results
X X X X	X	X	X	X					sum of best 6 from 8 results
X X X X	X	X	X	X					sum of best 6 from 8 results
			X	X	X	X	X		sum of best 6 from 8 results
			X	X	X	X	X	X	sum of best 6 from 8 results

Short Track Special Regulations 2022

During this season it will look like this for 1000m:

21/22	22/23								1000 meter
1 2 3 4	1 1	2	3	4	5	6 6			Points for World Ranking
X X X X									sum of best 3 from 4 results
X X X X									sum of best 3 from 4 results
X X X X	X X								sum of best 5 from 6 results
X X X X	X X X								sum of best 6 from 7 results
X X X X	X X X X								sum of best 6 from 8 results
X X X X	X X X X X								sum of best 6 from 8 results
X X X X	X X X X X X								sum of best 6 from 8 results
X X X X	X X X X X X								sum of best 6 from 8 results

Short Track Special Regulations 2022

During this season it will look like this for 1500m:

21/22	22/23						1500 meter
1 2 3 4	1 2 3 3 4 5 5 6	Points for World Ranking					
X X X X		sum of best 3 from 4 results					
X X X X	X	sum of best 4 from 5 results					
X X X X	X X	sum of best 5 from 6 results					
X X X X	X X	sum of best 5 from 6 results					
X X X X	X X X X	sum of best 6 from 8 results					
X X X	X X X X X	sum of best 6 from 8 results					
X X X	X X X X X	sum of best 6 from 8 results					
X	X X X X X X X	sum of best 6 from 8 results					

Short Track Special Regulations 2022

During this season it will look like this for relays:

21/22	22/23						Relay
1 2 3 4	1	2	3	4	5	6	Points for World Ranking
X X X X							sum of best 3 from 4 results
X X X X	X						sum of best 4 from 5 results
X X X X	X X						sum of best 4 from 6 results
	X X X						sum of best 4 from 6 results
		X X					sum of best 4 from 6 results
			X				sum of best 4 from 6 results

Short Track Special Regulations 2022

World Ranking Final:

21/22	22/23	Points for World Ranking
1 2 3 4	1 2 3 4 5 6 7 8	
	X X X X X X X X	best 6 from 8 = WR 500
	X X X X X X X X	best 6 from 8 = WR 1000
	X X X X X X X X	best 6 from 8 = WR 1500

21/22	22/23	Points for World Ranking
1 2 3 4	1 2 3 4 5 6	
	X X X X X X	best 4 from 6 = WR Relay

Short Track Special Regulations 2022

World Ranking Points System:

- No changes to the point system
- From 10,000 to 1 points
- Used only for Seeding purposes



Short Track Special Regulations 2022

286 para 11 b) NEW OVERALL SEASON CHAMPION

An Overall World Classification based on an accumulation of the points from all individual distances will be established for the purpose of determining the Combined Season Ranking and crown the season Champions. A determined number of results per distance (500, 1000 and 1500 m) from the ISU Events will be taken into consideration. All related details (name, number of results counting, classification, ranking, points system, tie breaking rules, etc.) will be provided in an ISU Communication to be issued before the season concerned.

Qualifying Times

		Women	Men	
Senior	1st Skater	49,48	46,62	18 %
	Other Skaters	47,81	45,04	14 %
	Relay	47,81	45,04	14 %
Junior	1st Skater	51,85	48,40	20 %
	Other Skaters	50,13	46,78	16 %
	Relay	50,13	46,78	16 %

All times are related to the World Record per July 1st, 2022

Short Track Special Regulations 2022

289 para 6) OFFICIALS

As of season 2026-2027: No person who has reached the age of 65 years shall after the following July 1st be eligible to be a Referee or a Starter in ISU Events, Olympic Winter Games and Winter Youth Olympic Games and no person who has reached the age of 70 years shall after the following July 1st be eligible to be a Competitors' Steward in ISU Events, Olympic Winter Games and Winter Youth Olympic Games.

The work of Referees & Starters is getting harder and harder. Short track events are very long and challenging

Short Track Special Regulations 2022

290 para 5 j) OFFICIALS

Except in a Final, after the last race of a qualifying round, the Referee may review a race situation that has not yet been reviewed. Such a review may result in an advancement of a Skater/Team only (Rule 290, paragraph 5.h).

The idea is for this to not get abused by YOU the Coaches and TL, but to allow corrections of sometimes missed cases in races. Most of the time it is in the relays.

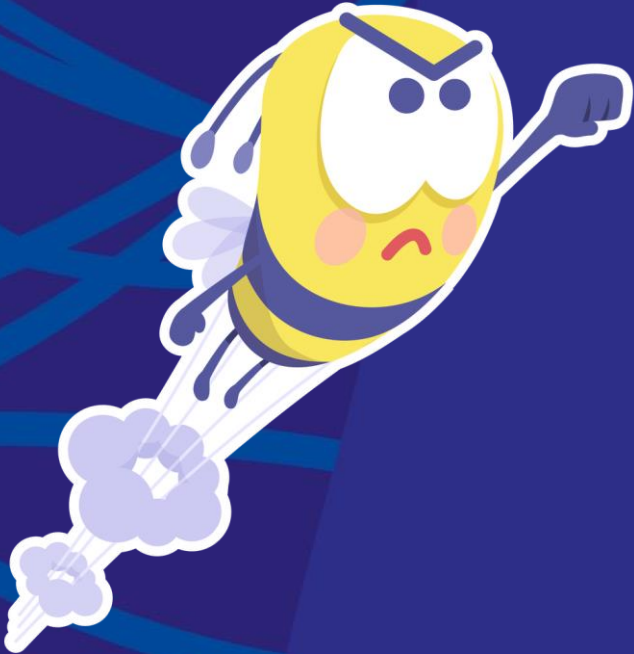


Written request with the following:

- Country requesting CAN
- Which race Heat 1000 M race 2
- How many lap to go approx. 6
- Country: __ZIM__ on __CAN__
- Skater: on __Nathalie__
- What to look for: ZIM Skater assist Nathalie because she is too slow...

Verbal request as soon as possible after a race?:

- Country requesting
- Which race
- How many lap to go approx. 6
- What?
- Who? on who ?
- What would be the most efficient way



Reviewed by video referees only?

- We want to make it clear that video referee review counts as something having been reviewed. It doesn't need to be reviewed by the Referee on ice.



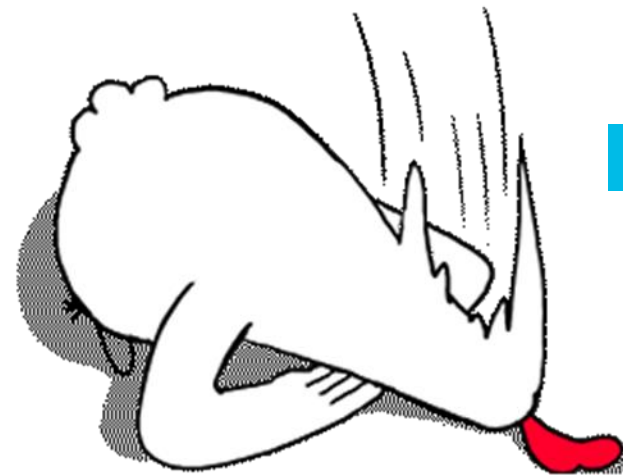
❖ How do we avoid this being abused?

- Can we give each country a fix number of papers to fill in.
- Can we start with one ?

❖ Until when can a request come after a block?

- It can come during the block, (ideally right after the race, but if not right after, then ASAP).
- Understand that to go back in the system to previous races takes time.
- In main program between blocks there is not much time

Short Track Special Regulations 2022



291 para 2 EQUIPMENT OF SKATERS

In case of a non-compulsory personal equipment/item (not listed in paragraph 1) is lost on-ice, causing a disadvantage to a Skater / Team, the Skater/Team who lost their belongings shall be sanctioned with a penalty.

This proposal came from HUN after a case happened in World Cup 3 and was accepted by the congress. It is not the responsibility of the Officials to inspect. It is the responsibility of Skaters to make sure they come without anything they can lose.

Short Track Special Regulations 2022

291 para 2 EQUIPMENT OF SKATERS

All safety criteria included in the relevant ISU Communication for the level of the Skaters must be respected..

This, we will inspect especially at WC 1-2. It is not the responsibility of the Officials to inspect.

The loss of compulsory or recommended safety equipment beyond the control of the Skater, i.e. due to a fall, will not result in a penalty.

Glasses are covered here

292: WORLD RECORDS

As of the season 2023/24 : For Junior Mixed Teams over the distance of 2000 m Relay.

As of when it will be added in the Junior World Championships



Short Track Technical Rules 2022

295 para 1 d)

Repechage: One or more Qualifying Rounds to determine which of the initially eliminated Skaters/Teams, or Skaters/Teams not prequalified, will qualify for the subsequent qualification round of the Competition program.

In the case of prequalified Skaters or Teams, the first round of a competition can be considered as repechage races.

At this moment we do not plan to have pre-selected skaters but maybe next year

Participation in Repechage

- Participation by Skaters who did not qualify for
 - Quarter Finals 500 m
 - Quarter Finals 1000 m
 - Semi Finals 1500 m
- Skaters who were given a sanction (PEN,YC,RC) may not participate
- Skaters that “Did Not Finish” may participate
- Maximum number of Skaters in the Repechage are
 - 40 for 500 m
 - 40 for 1000 m
 - 42 for 1500 m

Short Track Technical Rules 2022

295 para 2 e)

The number of Skaters per race at ISU Events and Olympic Winter Games is limited and must be scheduled as follows:

	500 m	1000 m	1500 m
Quarter-Finals	5	5	
Semi-Finals	5	5	7
Finals	<u>5</u>	5	7



Short Track Technical Rules 2022

295 para 7

For each distance a classification will be made in which the participants are ranked:

- a) on the results of the Final A in accordance with paragraph 5 above, disregarding all results in previous qualifying rounds;
- b) on the results of the Final B in accordance with paragraph 5 above, disregarding all results in previous qualifying rounds;

This rule para 7 is quite complicated.



Short Track Technical Rules 2022

295 para 7

p60

c) All other Skaters/Relay Teams not having qualified for the Final A or Final B will be ranked following the Qualification Schedule, including Repechage races and Ranking Finals when applicable:

- First all the Skaters/Relay Teams who finished the race, in the order of finishing and then ties would be broken as per subparagraph d) below;

- Then the Skaters/Relay Teams without a finishing order will be listed in the following order (virtual rank within the block) and then ties would be broken as per subparagraph d) below;

- All Skaters/Relay Teams who Did Not Finish (DNF);

- All Skaters/Relay Teams who got a Penalty (PEN);

- All Skaters/Relay Teams who Did Not Start (DNS).

Short Track Technical Rules 2022

295 para 7

- d) In the case of a tie the Skaters/Relay Teams are ranked;
- by finish-order within the subsequent previous Qualifying Rounds; following the Qualification Schedule where any direct qualification is ranked before any qualification by Repechage;
 - by best time skated in any race over the distance;
 - further ties will not be broken.

Short Track Technical Rules 2022

295 para 7

- e) A Skater/Relay Team that has qualified for, or has been advanced to, the qualifying round but cannot start due to medical reasons, will be recorded as Did Not Start (DNS) for the purpose of determining the Distance Classification. Even if the Competitors' Stewards made or re-made the make-up of the races without the Skater/Relay Team concerned the position in the Distance Classification will be considered as DNS within the respective qualifying round.

Short Track Technical Rules 2022

295 para 7

f) Skaters or Relay Teams who did not finish in the first qualifying round, will be ranked next with the same ranking.

g) Skaters or Relay Teams who received a penalty in the first qualifying round, will be ranked next with the same ranking.

h) Skaters or Relay Teams who received a Yellow Card in any round, will be ranked next.

i) Skaters or Relay Teams who received a Red Card or did not start in the first qualifying round, will not be ranked but listed as participants at the bottom of the Classification in the above order.

Seeding (intermediary)

- Based on previous results
- **Those qualified directly always go before those that qualified via the repechage.**

Distance Classification : Finalists

- Are ranked solely on their Results in the Final
- Order
 - Finish position
 - Did not Finish
 - Penalty
 - Did not start
- Ties are possible and will not be broken

Distance Classification : Finalists

- **Example**

- **First Place Gold**

- **Second Place Silver**

- **Third Place Bronze**

- **Did not finish 4th place**

- **Did not finish 4th place**

Distance Classification : Finalists

- **Example**
 - **First Place Gold**
 - **Second Place Silver**
 - **Did not finish Bronze**
 - **Did not finish Bronze**
 - **Penalty 5th place**

Seeding

- **World Championships**
 - World Ranking by Distance
- **World Cup**
 - World Ranking by Distance
- **World Junior Championships Individual**
 - Ranking by Best Time
- **World Junior Championships Relay**
 - Ranking by Special Classification
- >>> **Seeding List**

Qualifying Times

-

		Women	Men	
Senior	1st Skater	49,48	46,62	18 %
	Other Skaters	47,81	45,04	14 %
	Relay	47,81	45,04	14 %
Junior	1st Skater	51,85	48,40	20 %
	Other Skaters	50,13	46,78	16 %
	Relay	50,13	46,78	16 %

All times are related to the World Record per July 1st, 2022

Short Track Technical Rules 2022

296 para 3 e)

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The seeding list for the Relay distances will be based on the results of the two preceding World Championships.

For each of the two preceding World Championships, the following points will be given to the Teams based on the Distance Classification. In case of a tie the results of the most recent championships will be the tie breaker.

<u>Rank</u>	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>
<u>Points</u>	<u>100</u>	<u>80</u>	<u>70</u>	<u>60</u>	<u>50</u>	<u>44</u>	<u>40</u>	<u>36</u>	<u>32</u>	<u>28</u>	<u>24</u>	<u>20</u>
-	-	-	-	-	-	-	-	-	-	-	-	-
<u>Rank</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>
<u>Points</u>	<u>18</u>	<u>16</u>	<u>14</u>	<u>12</u>	<u>10</u>	<u>8</u>	<u>6</u>	<u>5</u>	<u>4</u>	<u>3</u>	<u>2</u>	<u>1</u>

This point system is easy and already exist in many sport including Speed Skating.

Short Track Technical Rules 2022

296 para 8 h)

h) In the case that Skaters/Teams are prequalified for a qualifying round, the start position for these Skaters/Teams will be in order of their World Ranking and they will be assigned the inside lane positions before the other Skaters/Teams that qualify regularly.

At this moment we do not plan to have pre-selected skaters but maybe next year. When we do, these top skaters need to get the best starting lane position to not get penalized for being good with consistency.



AGENDA FOR DAY 1

- Program for Saturday:
- - Update on preparation of ISU season 2022/23 and Covid-19 situation
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- - Q & A

The goal of the new Starting procedure is to reduce disturbance and unnecessary delays in the process leading up to the start of a race. Moreover, the rule allowing one False Start for a race is sensitive to tactical behavior that can cause disadvantages for other Skaters who are focused on performing a valid start.

Considering the great importance of the start phase for the outcome of races over short distances, it is important that the Rules for the starting procedure create the best circumstances for fair competition.



Rule 298 STARTING PROCEDURE

For all Events, (International and ISU Events) para 5 to 14 inclusively are to be used. For the Events being used for testing the Zero (0) False Start, new paragraph 16 is to be used. For ISU Events used for the testing new paragraph 15 will also be used.

Note that there will be a Starters' workshop scheduled before World Cup # 1 to go over the details of the testing and answer all questions & preoccupation

Rule 298 para 5 d)

d) Any Skater who arrives at the start line after the limited time will be warned by the Starter of a False Start.

The announcement should be:

-The lane position of the Skater who made the offence;

-“False Start”;

-“Delaying the start”.

•

Note here that the word warning is not used anymore in any case

Rule 298 para 5)

- e) Any warnings of a False Start for “delaying the start” do not affect the other Skaters coming to the start line.
- f) In the case that a second warning of False Start for “delaying the start” is given to the same Skater, the Starter shall tell the Skater that he gets a penalty and is excluded from the race.

· *Note here that the word warning is not used anymore in any case*

Rule 298 para 9 h)

And if necessary any statement reasoning the false start, e.g.:

- Moving;
- Wrong blade position;
- Crossing the line.

This is replacing “wrong blade movement”

Rule 298 para 14)

If a Skater is interfered with before the last block of the first curve after the starting line, the Skaters shall be called back to start again. The decision whether the interference is an offence according to the Racing Rules is a decision of the Referee.

Notice anything special here ?

Rule 298 para 15)

At ISU Events, Olympic Winter Games and Winter Youth Olympic Games, the Starter after recalling a start can consult with an Assistant Referee Video before making his decision. For this purpose a monitor to show a video recording of the start may be installed on the Starters' platform.

Testing of the 0 False Start

16. The alternative Starting Procedure to be tested at ISU Events during the season 2022/23 (and which, depending on the outcome of the Tests, may be implemented for future ISU Events) referred to in paragraph 4 above, is based on the same steps of the Starting procedure as described in paragraphs 5 through 15 above.

However, once a Skater has made an offence assessed as a False Start, this Skater will get a penalty and be excluded from the race (“zero False Starts”). This means that all paragraphs above will apply with the following adjustments and exceptions:

Testing of the 0 False Start

- a) In all situations when a “False Start” is assessed, the Starter will also announce exclusion of the race by giving the command “Penalty”, see paragraph 13 a).
- b) Paragraph 5 f) is not applicable, since a Penalty will be given for a first False Start.
- c) Paragraph 10 is not applicable, since a Penalty will already have been given for such Skater.
- d) Paragraph 11 will be applied as follows:
After a False Start of a race and before resuming the starting procedure described in paragraphs 7-10 above, the Starter will announce the False Start(s) and exclusion(s) from the race (Penalty) in accordance with paragraph 9 h) and paragraph 13 above.
- e) Paragraph 12 b) is not applicable, since a Penalty shall be given for an offence as described in paragraph 12 a).

Testing of the 0 False Start

*-Basically all these cross references means that any
“Warning of a false start for delaying” or False Start
leads right away to a Penalty.*

Testing of the 0 False Start

The testing period will start with World Cup 1 until World Cup 4 of season 2022-23.

It means that the World Cups taking place in Montréal, Salt Lake City and Almaty will be conducted with the “0 False Starts rule”.

It is also the plan to have the 0 False Start Rules in place for the 4C for consistency, even if we will not consider the results as part of the testing evaluation.

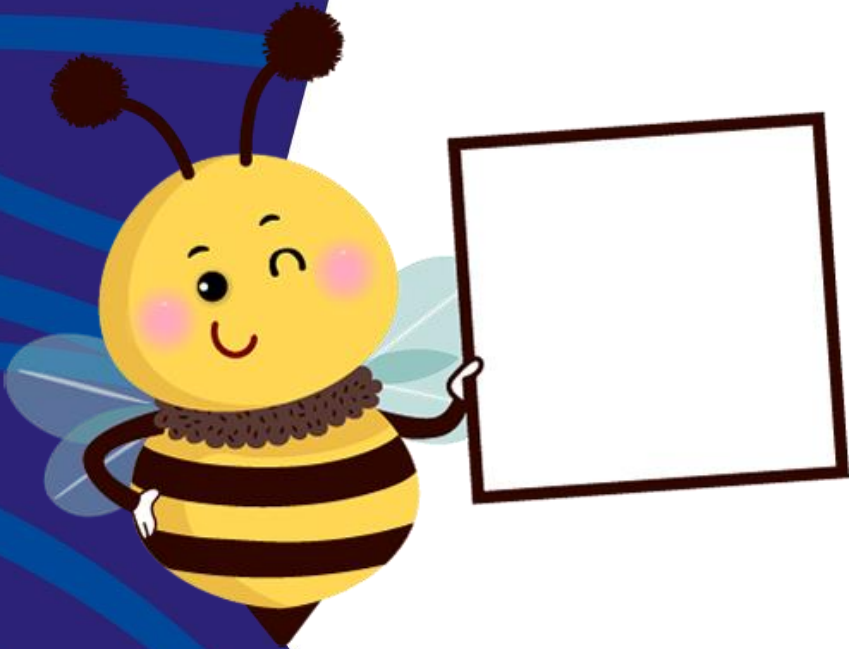
Testing of the 0 False Start

If after the 4 ISU Events, the conclusion from the testing is that the 0 false start rule **is successful**; the new rule will be in effect for all remaining ISU Events of season 2022-2023 and for all ISU Events of season 2023-2024.

In case of failure or issues in **more than two Tests** at the selected ISU Events, the existing rule as written below here from para 5 to 14 will remain in force for the rest of the season 2022/23 and the season 2023/24.

Testing of the 0 False Start

Once the testing period is completed and results are reviewed, the ISU Council will decide which Rules for the starting procedure will be applied and the decision will be communicated in due time **after World Cup 4.**



Testing of the 0 False Start

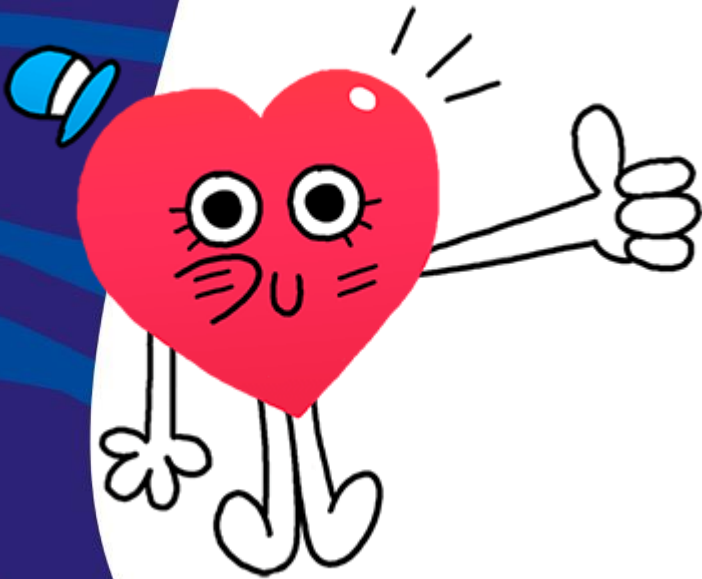
The ISU is also working on the testing of a new electronic False Start detecting system and the possibility to test it in the second part of the season.

At this moment, the **ISU Junior World Short Track Speed Skating Championships and World Cup 5** has been identified as potential Events to test this system.

This system will be used to detect false starts and **will not change any of the starting rules and procedures.**

Testing of the 0 False Start

At World Cup 1 and 2, on the Thursday, there will be Starters attending all Official Training Sessions to give the opportunity to Skaters to practice Starts.

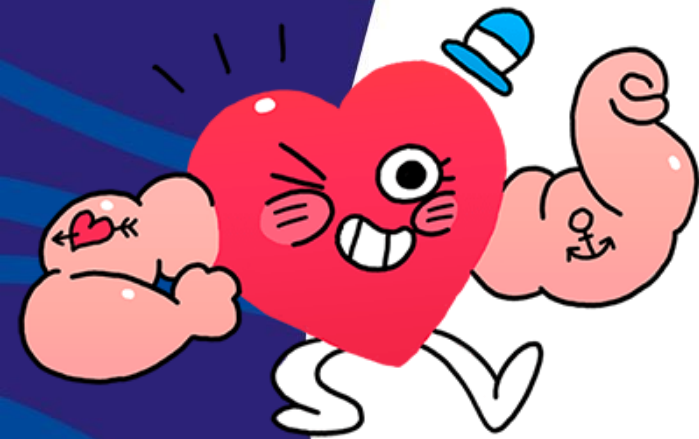


Evaluation of the testing of the zero (0) False Start:

In order to evaluate the test of the starting procedure the Technical Committee will collect specific reports from the following persons:

ISU Event Director, ISU Representative, TC Representative, appointed Referees and Starters.

The TC will also collect feedback from Coaches and Skaters.



Evaluation of the testing of the zero (0) False Start:

There will be **statistical data collected** for the number of Penalties for False Start, recalled starts without a conclusive false start, how many requested videos review by the Starters, how much time spent to review the video in those cases, etc.

The goal is to keep the number of Penalties for False Start similar to the numbers that we currently have and to **reduce the time spent to get Skaters** back on the line because of a first false start.

Evaluation of the testing of the zero (0) False Start:

The test will be concluded **successful** if we see a clear trend towards our 2 main goals and also have generally positive feedback from most of the Officials, Office Holders, coaches and participants.



Testing of the 0 False Start at International Events

ISU Members wanting to also use the 0 False Start for International Events can do so by writing that they will be using the Rules of the 0 False Start as written above in the same way as for the Testing at ISU Events except for Paragraph 15. (No usage of Video replay for the detection of False Start).

Testing of the 0 False Start at International Events

Evaluation of the testing of the zero false start:

In order to evaluate the test of the starting procedure in International Events without usage of video replay equipment for detection of False Start, the Technical Committee would like to get feedback from the appointed Referee and Starters.

The TC would also like to get the following statistic:

- number of Penalties for False Start,**
- number of recalled starts without a conclusive false start,**
- estimated time saved during the day of competition.**

If the International Event is a recurring event and the OC has Statistics on False Start from the previous years, please include them also.



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World Cup



Classification

- Points only for Skaters in Main Session
- Points for all Relay Teams
- Points starting with 100 for 1st place
- Only this season
- Classification Published
- Tie unbroken

World Ranking

- Points for all Skaters and Teams
- Points starting with 10000 for 1st place
- Over last ## Competitions
- Ranking for internal use

Points

Rank	Points	Rank	Points
1	100	13	18
2	80	14	16
3	70	15	14
4	60	16	12
5	50	17	10
6	44	18	8
7	40	19	6
8	36	20	5
9	32	21	4
10	28	22	3
11	24	23	2
12	20	24	1

Rank	Points
1	10000
2	8000
3	6400
4	5120
5	4096
6	3277
7	2621
8	2097
9	1678
10	1342
11	1074
...	...

Short Track Special Regulations 2022

286 para 11 b) NEW OVERALL SEASON CHAMPION

The point system that will be used will be the same as the new one for world cup points (from 100 to 0 and only from the main program)

Results from the 6 world cups will count and we will use a maximum of 6 results per distance. At the end of the season, the addition of the points of the 3 world cup classifications (500,1000,1500) will be equal to this overall season's champion. Skaters can decide how they want to cumulate their points (4-4-4, 6-6 or any other way but if they do 8 times one distance, we only keep the best 6 results).

World Cup	Day1 500	Day 1 1000	Day 1 1500	Day 2 500	Day 2 1000	Day 2 1500
1		X	X	X	X	
2	X		X	X	X	
3		X	X	X		X
4	X		X	X	X	
5		X	X	X		X
6		X	X	X	X	

4 x 500, 4 x 1000 and 4 x 1500
Counting 12 Results

World Cup	Day1 500	Day 1 1000	Day 1 1500	Day 2 500	Day 2 1000	Day 2 1500
1		X	X	X	X	
2	X		X	X	X	
3		X	X	X		X
4	X		X	X	X	
5		X	X	X		X
6		X	X	X	X	

6 x 1000 and 6 x 1500
Counting 12 Results

World Cup	Day1 500	Day 1 1000	Day 1 1500	Day 2 500	Day 2 1000	Day 2 1500
1		X	X	X	X	
2	X		X	X	X	
3		X	X	X		X
4	X		X	X	X	
5		X	X	X		X
6		X	X	X	X	

5 x 500 and 3 x 1500
Counting 8 Results

World Cup	Day1 500	Day 1 1000	Day 1 1500	Day 2 500	Day 2 1000	Day 2 1500
1		X	X	X	X	
2	X		X	X	X	
3		X	X	X		X
4	X		X	X	X	
5		X	X	X		X
6		X	X	X	X	

8 x 500

Counting 6 best Results

Points for World Cup & Season's Champion



Rank	Points
1	100
2	80
3	70
4	60
5	50
6	44
7	40
8	36
9	32
10	28
11	24
12	20

Rank	Points
13	18
14	16
15	14
16	12
17	10
18	8
19	6
20	5
21	4
22	3
23	2
24	1

Short Track Special Regulations 2022

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- **New Overall Season's Champion as of 2022-2023**
- **Prize Money**
- **One unique promoted classification during events with graphics**
- **ISU communication to be published soon with all the details**

**WORLD CUP FORMAT TO BE CHANGED FOR
SEASON 2023-2024**



Questions and Answers ???

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- ✓ You will all receive this presentation.
- ✓ You will also receive the recording of both days
- ✓ Tomorrow same time, same login details

Thank
you !!!

